

IOW results 2016

Jill			Joe		
800m Freestyle	15:09.25	4th	50m Breaststroke	00:53.10	1 st
100m Freestyle	01:42.47	5th	100m IM	02:00.97	1st
50m Breaststroke	00:55.11	2nd	50m Butterfly	00:54.43	1st
100m IM	01:57.89	2nd	50m Freestyle	00:51.60	1st
50m Butterfly	00:58.14	3rd	25m Butterfly	00:23.16	1st
50m Freestyle	00:47.20	5th	100m Breaststroke	01:57.69	1st
25m Butterfly	00:24.16	1st	25m Freestyle	00:23.55	2nd
200m Freestyle	03:41.76	5th			
100m Breaststroke	02:01.93	1st			
25m Freestyle	00:21.21	2nd			
Duncan			Ray		
100m Freestyle	01:13.01	1st	100m Freestyle	02:06.82	1st
100m IM	01:37.24	2nd	50m Breaststroke	01:04.57	3 rd
50m Freestyle	00:34.08	1st	50m Freestyle	00:51.94	3rd
200m Freestyle	02:54.15	2nd	200m Freestyle	04:56.05	1st
50m Backstroke	00:53.36	1st	100m Breaststroke	02:29.24	2nd
Peter			Mike G		
800m Freestyle	18:01.66	3rd	100m Freestyle	01:44.55	1 st
100m Freestyle	01:49.03	3rd	50m Breaststroke	01:21.61	1st
50m Breaststroke	01:01.93	2nd	100m Backstroke	02:28.21	1 st
50m Butterfly	01:11.91	2nd	50m Freestyle	00:47.98	1 st
50m Freestyle	00:48.64	3rd	200m Freestyle	04:01.29	1st
25m Butterfly	00:28.91	2nd	50m Backstroke	01:08.38	1st
200m Freestyle	04:12.84	3rd	100m Breaststroke	03:09.88	1st
25m Freestyle	00:20.13	1st	25m Freestyle	00:21.95	1st
Roy					
100m Freestyle	01:46.92	1st			
50m Breaststroke	00:57.90	1 st			
100m IM	02:00.31	1 st			
100m Backstroke	02:05.19	1 st			
50m Freestyle	00:47.21	1st			
25m Butterfly	00:24.58	1st			
200m Freestyle	03:58.94	1st			
50m Backstroke	00:58.98	1st			
100m Breaststroke	02:07.20	1st			
25m Freestyle	00:19.41	1st			